

Online Electronic Church Directory

Want to access the Harper Chapel Electronic Online Church Directory? There's an app for that! Follow these simple steps and you're "good to go"———— but FIRST, your email address MUST be loaded into the church directory to be recognized and assigned a password. Please let the church office know if your email isn't listed.

1. Search "Instant Church Directory" in your app store;
2. Download the app on your mobile device;
3. Sign in and receive your password;
4. Log in and enjoy the new online directory

Accessing the Online Directory via the web:

1. Got to www.instantchurchdirectory.com;
2. Click on "church members sign in";
3. Created your log-in (username) (if it's your first time signing in). A password will be issued and emailed to you.

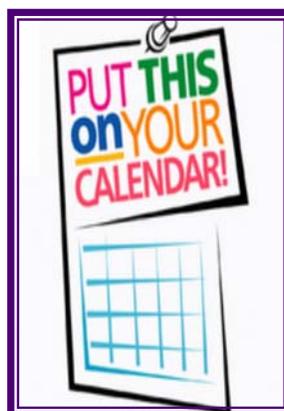
That's it! Enjoy !!!!!!!

STEPHEN MINISTRY



Having a difficult time?

Call on a Stephen Minister to provide emotional and spiritual support. This service is free and confidential! Contact the church office 573-348-2617 for more information. The next meeting is Monday, October 10th at 4PM. We look forward to seeing you.



The first two Sunday afternoons of each month members of Harper Chapel UMC minister at Lakeside Meadows at 2:00 PM. We invite ALL those interested in taking part to join us.



READER'S CIRCLE

JOIN US October 27th

1:30P.M.

AT LAKESIDE MEADOWS!

UNITED METHODIST MEN

... Meet each Monday evening at 7:00 for a time of Bible study. We'd like for all men to join this group at that time in the Library.

Come join us every Thursday morning at 6:30 at Cozy Corner Café in Osage Beach for a time of fellowship.

The UMM holds its monthly meeting the 4th Thursday evening of each month. The next UMM session will be October 27th at 6:00 in Thompson Hall.

BOARD OF Trustees' MEETING

Harper Chapel UMC Board of Trustees meets every last Tuesday evening of the month. This month's meeting is scheduled for October 25th at 6:30. **ALL** Board members are asked to attend!

MEDICAL MISSION FOR CHRIST CLINIC is having their 5th annual Trivia Challenge on Saturday, October 15, 2016, at 5:30PM at School of the Osage Middle School Gymnasium located at 635 Hwy 42, Osage Beach. Guest Emcee will be Brandon Beck, KY3 Meteorologist, including a Silent Auction, Door Prizes, Food and Fun. Doors will open at 4:30 PM. You can download registration forms at www.MM4C.org or send an email to Carolyn.MM4C@yahoo.com. Please call 573-346-7777 for more information on this outreach.



... will meet Thursday, October 13th at 10:30 AM in Thompson Hall. ALL ladies of the church are invited to attend our business meeting and monthly luncheon. Included in our meeting is a time for education and interpretation, social action and spiritual growth. *Joni Walden* will fill us in on all the current happenings in the Osage Beach area. A light luncheon will follow the meeting at noon.

To learn more about United Methodist Women, contact Sue Westenhaver at 302-0411

Share the Light (a/k/a Festival of Sharing) is October 15, 2016 in Sedalia, Missouri. This year we're collecting Missouri Family Food Boxes for our contribution. These boxes will be distributed to agencies in Missouri to help combat poverty.

There is a tub located in the Narthex to receive any and/or all parts of the following items for distribution:

3 different cans vegetables; 3 cans tuna; 3 packages macaroni & cheese; 3 different cans fruit; 1 can pasta sauce; 1 jar peanut butter; 3 cans chicken; 1 pint pasta.

Other ways to "Share the Light" include but are not limited to: collect shoes to prevent skin disease in Nicaragua; participate in our Festival of Animals campaign to support Heifer International; donate and serve so the Festival can reach record numbers of people during this 35th year of Festival of Sharing.

For more information, you may send an email to festival@socket.net or call 573-474-3332

Newsletter from your Parish



October 2016



GREETINGS!!!!

As I was leafing through my “tons” of medical newsletters, two of them kind of got my attention. One is titled *“What You Can Do to Prevent a Stroke”*; the other is called *“Learn 10 Surprising Signs of Heart Disease and Heart Attacks”*. The 10 signs are as follows:

1. **Hypertension**—The higher your blood pressure, the higher your risk for stroke. The relationship is so strong that lowering blood pressure is one of the most effective for preventing stroke;
2. **Diet**—Diets that are high in salt or low in fruits, especially citrus, as well as high alcohol. High salt diets often increase blood pressure. The DASH diet was developed to fix that problem;
3. **Physical inactivity**—Active women have a 25-30% lower risk of stroke than inactive women;
4. **Dyslipidemia**—A high “total cholesterol” level is a risk factor for stroke in women of all ages;
5. **Obesity**—Where fat is stored is more important than the total number of extra pounds;
6. **Diabetes**—Even when diabetes is well-controlled, it’s a risk factor for stroke;
7. **Smoking**—The more cigarettes you smoke, the higher the risk of stroke;
8. **Migraine**—Migraine headaches are associated with women under age 45. Smoking and oral contraceptives further increase the risk;
9. **Atrial Fibrillation (AF)**—an irregular heart rhythm that can increase your risk for stroke up to 5 times;
10. **Certain heart conditions**—Many heart conditions increase stroke risk but some *changes* in lifestyle can help improve the odds.

Hazel Croy, Parish Nurse

Home phone 573-348-9157

October 2016

- 10-02 Phil Hammond
- 10-03 Pam Dotson
- 10-05 Cayli Campbell
- 10-06 Juanita Grote
- 10-07 Lola VanWeelden, Tommy Stevenson, Josh Dissen
- 10-08 Beau Brayfield, Debbie Urwiler
- 10-09 Blake Barbour, Linda Sue Shaffer, Karen Kahrs
- 10-10 Jim Jordan, Frank Svoboda
- 10-11 Alyssa Pemberton, Connie Tharp, Dave Sanders
- 10-12 Sabra Johnson, Jean Price
- 10-13 Gloria O’Keefe
- 10-14 Billye Bennett, Patrick Mills
- 10-15 Marge Borst
- 10-16 Nancy Culver
- 10-17 Patty Case
- 10-18 Tiffany Urwiler
- 10-19 Abby Brauer
- 10-20 Abby Thompson, Lisa Ann Carpenter
- 10-21 LaVerne Mentel
- 10-22 Daphne Dinsdale
- 10-24 Marie Thompson
- 10-25 Luther George, Dawn Swartz
- 10-28 Steve Hoffstetter
- 10-29 Bill Osborn
- 10-30 Mary Lu Johnson, Clark Ogden
- 10-31 Halie Everhart

Consecration Sunday Is Coming

Congregations that approach financial stewardship from a biblical perspective do not view the money Christians give to their church merely as a way to pay its bills. Rather, such congregations see financial contributions as a way to help people grow spiritually in their relationship with God by supporting their church's mission and ministry with a percentage of their incomes.

Our congregation's finance committee has selected the *New Consecration Sunday Stewardship Program* as a way to teach the biblical and spiritual principles of generous giving in our stewardship education emphasis this year.

New Consecration Sunday is based on the biblical philosophy of the need of the giver to give for his or her own spiritual development, rather than on the need of the church to receive. Instead of treating people like members of a social club who should pay dues, we will treat people like followers of Jesus Christ who want to give unselfishly as an act of discipleship. *New Consecration Sunday* encourages people toward proportionate and systematic giving in response to the question, "What percentage of my income is God calling me to give?"

During morning worship on Consecration Sunday, we are asking our attendees and members to make their financial commitments to our church's missionary, benevolent, and educational ministries in this community and around the world.

Every attendee and member who completes an *Estimate of Giving Card* does so voluntarily by attending morning worship on Consecration Sunday. We urge people to attend who feel strongly opposed to completing a card. The procedure is done in such a way that no one feels personal embarrassment if he or she chooses not to fill out a card.

We will do no home solicitation to ask people to complete cards. During morning worship our guest leader will conduct a brief period of instruction and inspiration, climaxed by members making their commitments as a confidential act of worship.

We will encourage participation in Consecration Sunday events through the Consecration Sunday team and Administrative Council members. Since we will make no follow-up visits to ask people to complete their cards, we will make every effort to inform, inspire, and commit everyone to attend Consecration Sunday worship.

Thanks in advance for your enthusiastic participation in Consecration Sunday events.



Bill Smits

Administrative Council Chairperson



Morning Girls meet at 10:00. Bring your lunch and join us for some crafts and fantastic fellowship !!!!



Monthly on the 25th.
Thanks !!

**Church Conference @
Faithbridge UMC
Sunday, October 23rd
5:00 PM**

Prayer List — Sharing Concerns, Joys and Witnesses

Family of Pam Heil * Mary Engel * Connie McGrew * Jay Bower * Carol Bryant's family (her stepmother passed away) * Nancy Witham * Lois Hildreth * Sally Everhart * Jerry Thompson * Bob Campbell * Dick Elefson * Kristi McGrew * Joyce Crabtree * Cleda Mayse (sister of Leoma Macek) * Annie Johnson * Shawn Pederson (son of Karen Pederson) * Janice Reynolds * Brad (brother-in-law of Ruth Fowler) * Joan Miller * Kristen Turner * Gary Goswick * Jeanine Dirks (daughter of Louise Anderson) * Paul Samuelson (brother-in-law of William & Nancy Culver) * Makenzie Moriarty (granddaughter of Richard & Bev Elefson) * Karen Kersten (cousin of William & Nancy Culver) * Eleanor Depew's Daughter * Nancy Pope & Martha

Members and friends facing hard times due to financial hardships

Bahula UMC, Mozambique (our sister church) * All Men and Women serving our country * Local families in need of food, employment & financial assistance

Members and friends residing in Long-Term-Care Facilities

- **Lakeside Meadows** — Donna McClaughry * Jackie Ufheil * Phyllis Hovendick * Margaret Berry * Ruth Craig * Elaine Blackwell * Fern McGrew * Juanita Grote *
- **Jefferson City Nursing & Rehabilitation Center** — Irene Schulte
- **Ozark Rehabilitation & Health Center** — Ruby Short

"Remember Who You Are—a Study of the Prophets & the Letters of Paul" is a new class to begin mid-October or early November. The class will meet 2 hours a week for 32 weeks; the textbook cost is \$39. To sign up for this class, please contact Mike Craig (573) 216-2545 or contact the church office @ (573) 348-2617.

Harper Chapel Staff Members

Pastor — Jim Day
Resident Bishop — Robert Farr
District Superintendent — Sherry Habben
Children's / Youth Minister / Shining Stars Director — Nikki Brauer
Administrative Assistant — Jo Ellen Pratt
Stephen Ministry Leader — Susan Buckingham
Parish Nurse — Hazel Croy
Custodian — Troy Bohrn
Music Leadership Team — Mary Engel, Jo Beth Nicklas, Michael Fulk

E-Mail:
office@harperchapel.org

Website:
www.harperumc.org

Phone: 573-348-2617

Fax: 573-348-1885

LETTER FROM THE PASTOR

October looks like it will be a busy month. We will celebrate Consecration Sunday (October 16), start planning our Advent Celebrations and prepping the Advent Devotional guide, (Christmas already!). On the 23rd the annual church conference is scheduled at Faithbridge UMC 5:00 PM, and on the 29th we will hold our annual Trunk or Treat in the back parking lot.

Church conference this year will mark a few changes: Jim Killam has agreed to move into the role of Leadership Team Chair (Administrative Council); John Buckingham has agreed to serve as Lay Leader; Joan Williams will be serving as our Stewardship/Generosity Chair; and Jan Campbell will serve as Staff Parish Relations Chair (SPRC) for the coming year. All of these require a vote of the church at the church conference and will take effect on January 1st., 2017

We will be planning for a Church Leadership Team Retreat first weekend in November to evaluate our activities and ministries from the previous year, and begin to look ahead in light of our new vision statement.

We will be planning for another Spiritual Gifts Class, a reboot on the "40 Something" small group, and looking for other ways to start new small groups to better achieve the Transformational part of our vision statement.

Lastly, for the month of October, I plan on finishing the Board of Ordained Ministry paper work so that at annual conference next year my orders (Ordination) will be recognized by the Annual Conference making me an Elder in full connection (yeah!!)

Looking forward to a busy fall month,

A handwritten signature in black ink, appearing to read "Jim Day", with a horizontal line extending to the right.

Pastor Jim

Rev. Jim Day, Pastor

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